## **GOOD SPORTS**



The Good Sports program supports and inspires community sporting clubs to set up a better environment for players, volunteers, supporters and officials, helping tackles tricky topics such as alcohol, drugs, smoking, mental health and safe transport. Find out more <u>here</u>.

Women who experienced harms from someone else's drinking increased from 2.2 million in 2019, to 2.4 million in 2022-23.

Women were also 1.6 times more likely than men to have been put in fear by someone under the influence of alcohol. 1

<u>Drinking levels</u> among males remain stable, recent drinking increased among females aged 14-17, from <u>28% in 2019</u> to <u>35% in</u> <u>2022-23.1</u>

Number of young women, aged 18-24, drinking at risky levels increased from 35% in 2019, to 40% in 2022-23. 1

45% of males drank at risky levels (up by 2%) compared to 40% of females drinking at risky levels (up by 10%). 1

The results speak for themselves. Studies show that Good Sports clubs experience a:





42% DECREASE

5/%
DECREASE

ASE DECREA
in risky drink

## YOUR LOCAL GOOD SPORTS REPRESENTATIVE

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## Australian Institute of Health and Welfare 2024

## THE BENEFITS

- Linking the Good Sports program to existing or planned council initiatives works to address alcohol related issues in the LGA.
- Assists council in enforcement of sporting venue alcohol management policies
- Creates an increased awareness within clubs regarding their legal and social responsibilities, including alcohol and tobacco management
- Increased level of responsibility taken by sports clubs for member behaviour
- Can help to reduce level of alcohol related incidence from sports clubs at their own venue and sponsor venues
- Can help to reduce violence, noise, injury and damage to facilities
- Can help to reduce road trauma and drink driving incidents
- More people protected from risky drinking, particularly in the younger age groups
- Can assist to decrease the risk of club liability (ie., it becomes a Risk Management tool for council)
- Free access to Good Sports resources and staff support for participating sports clubs
- Recognise your local clubs on the national stage through the annual Good Sports Awards
- Recognition of leading clubs through case studies, media promotions an social media campaigns
- Participate in the Good Sports planning and community stakeholder process
- The creation of healthier, happier and more family-oriented sports clubs